

## **Sunday Evening Home Worship Guide**

*Open with prayer for God's wisdom to be given.*

*A mosquito bite is able to get our attention, right? It itches like crazy, and if we continue to scratch, the itching just seems to keep going and going. The quickest way to get past the itch is to stop scratching. Temptation and sin work the same way on a much more serious level. Temptation will always float around our lives, ready to bite us, and it will. Yet, the best way to escape temptation is do not sin, don't respond. Jonah sings the Lord God's praises while at death's door and prays for deliverance. He is delivered, obeys God, preaches to the Ninevites, and then becomes angry when they repent and follow God. He sat in the shade and waited for Nineveh to turn against God. Jonah still scratched, he still sinned. We can be different. With God's help, we can stop the sin.*

*Read Jonah 4:1-5.*

*Discuss with your family or think and pray on your own: How can we respond to temptation in our own lives? What are some signs we're being tempted? How does God help you?*

*Close with prayer in thanksgiving to God.*