

## Sunday Evening Home Worship Guide

*Open with prayer.*

*As we may remember, hide-and-seek was a fun game to play. We won if we were not found. We who are adults are now too old to run away and hide. We don't do that anymore – uh, right? Of course we often do. Too often, we believe we can run and hide from God. Too often, we would like to believe God could not possibly be everywhere and know everything about us. If we try to fool ourselves in this way even once, it's too often. God knows every sin and wants you to accept forgiveness. God is everywhere and knows everything – a reality for which we should praise Him. God always calls, waits, and can bring us back to shore when we're lost at sea with no true compass of our own. Hiding from God only means we are lost. God knows where we are, and He is calling us. Will we listen?*

*Read Jonah 1*

*Discuss with your family or think and pray on your own: Besides himself, who could Jonah have hurt in this first chapter? If we try to hide from God, who could we hurt as well? How do we stop hiding?*

*Close with prayer in thanksgiving to God.*