

Healthy Prayer

Open with prayer to God for wisdom.

Last time I changed the oil in my truck, I was reminded about all the parts that interact together - steel against steel, often corrupted by stray debris that wear down metals at high pressures and speeds. Without oil, those parts grind each other down. The engine suffers over time; reliability and life span decrease much more quickly without the lubrication needed to protect and wash the debris away. Prayer is, among much more, spiritual oil for all that which grinds and wears against the will of God in our lives. Yet, we must pray with faith. Pray always; pray with faith.

Read James 5:13 - 18.

Questions to prayerfully consider or discuss: Do we always get what we pray for? If we don't, does that always mean we did not have enough faith in God when we expressed that prayer? What greater meaning can faith have for us when it comes to prayer?

Close with prayer in thanks to God.